

We will be ready to offer a lot of great fun to all our members with water aerobics classes again this summer. Our Water Aerobic classes are open to all members and their guests. It is a great way to exercise, gain strength and flexibility. Our beautiful pool is the perfect place for this. We will offer five classes each week. We hope you try a class and discover all the benefits of exercising in the water.

Our tentative schedule for 2011 is as follows:

Monday and Wednesday 11:00 am to 11:45 am

Tuesday and Thursday 6:00 pm to 6:45 pm

Saturday 10:00 am to 10:45 am

Check the front test for confirmation of times and starting date. No sign-up necessary.

For members interested in child care:

A junior high girl has expressed interest in watching children during the classes for a nominal fee in order for their parents to enjoy a water class. If this is a service you would like to employ, please talk to Amy Whitaker at the beginning of the pool season.

See you in the water!!!!